

Part time, 22/23

# L3 Counselling

Level 3 | Certificate in Counselling Studies (RQF)

**Course information** (PDF generated at 12/08/2022 06:54:18 am)  
[www.sgscol.ac.uk/study/counselling/l3-counselling](http://www.sgscol.ac.uk/study/counselling/l3-counselling)

## Summary

This is an ideal qualification (awarded by CPCAB) for those seeking to enhance their functional role through the use of counselling skills (e.g. nurses, social workers). It will be useful for those seeking a career change and wishing to develop as professional counsellors, and for anyone offering help on a one-to-one basis. It will also be of use to those wishing to consolidate their skills and knowledge in a counselling context.

These issues are addressed and consolidated alongside the development of counselling skills and theory throughout the qualification.

This qualification aims to develop candidates' counselling skills to a safe level of practice and provide an introduction to essential counselling theory raise awareness of professional issues for the developing practitioner promote equal opportunity.

The course consists of seven mandatory units:

- Prepare to work within an ethical framework for counselling
- Understand the counselling relationship
- Understand difference and diversity issues to develop empathic understanding
- Work within a user-centred approach to counselling
- Use counselling theory to develop self-awareness in counselling practice
- Understand theories of counselling and mental health
- Use feedback, reflection and supervision to support counselling studies

## How will I learn?

## Enrol online



The course will be delivered through a series of taught lectures, learning activities and experiential skills practice. Your work will be regularly checked by tutors.

We will observe you using your counselling skills and give you written feedback on your journal and set assignments.

Successful completion of the course will be based upon an internally assessed portfolio including:

- Journal
- Project
- Tutor skills assessment
- Case study
- Video self-assessment
- Externally assessed assignment

## Entry Requirements

The minimum entry age is 19 years. Candidates should hold the CPCAB Level 2 Certificate in Counselling Skills or equivalent classroom based course.

## Additional Information

### DEPARTMENT CONTACT

For more information about this course please email [healthandsocialcare@sgscol.ac.uk](mailto:healthandsocialcare@sgscol.ac.uk).

### COURSE FEES

Please be aware that some courses have fees that are payable on enrolment. More information on if this course has a fee can be found in the Availability section below.

If you require financial support including payment plans, bursaries and advanced learner loans please visit the [Money Management Service](#) section of the website.

For more information on fees please view our [Fees, Charges and Refunds Policy](#) and our [Applications, Admissions and Enrolment Policy and Procedures](#).

### ONLINE ENROLMENT

This course offers simpler and safer online enrolment requests, which means in a matter of minutes you can submit an enrolment request to us. However please be aware that upon submitting your enrolment form you are not guaranteed to be accepted. A number of our courses require assessments, qualification checks or simply a conversation with you before we can confirm your enrolment.

Within 24 hours of enrolment submission you will receive an automated email notification with information on what happens next. Please add [onlineservices@sgscol.ac.uk](mailto:onlineservices@sgscol.ac.uk) to your safe sender list. Most email providers allow you to do this within settings/options. For full instructions simply use your chosen search engine to find instructions on how to make emails as safe.