

Part time, 21/22

L2 Self-harm and Suicide Awareness and Prevention

Course information (PDF generated at 29/06/2022 02:41:52 am)
www.sgscol.ac.uk/study/healthsocial/l2-selfharm-and-suicide-awareness-and-prevention

Summary

Please note you may only enrol on one course at a time, however you may enrol on additional courses upon completion of your current course.

To meet the funding requirements of this course:

- You must be aged 19 years or over as of 31/08/2021
- You must have lived in the EU for the last three years
- You must currently reside in England
- If you are aged 19-23 and do not already hold a Full Level 2 Qualification we will need to discuss options with you prior to commencing your course.

Enrol online



You will need to understand that:

- This is a Level 2 qualification and a reasonable level of English is beneficial to completing the typical duration of this course is 12 weeks and self-commitment should be made to allow yourself time to provide detailed responses to the assignments.
 - We recommend spending a minimum of 2-4 hours per week on this course
- Course Information

Course Information

This qualification is aimed at anyone seeking to improve their understanding and awareness of suicide and self-harm. The knowledge individuals will gain is not sector-specific but can be applied to a broad range of personal and professional situations. Individuals who may find this course useful to their professional life include: teachers, mental health workers, crisis helpline volunteers,

support workers, individuals in a safeguarding role, parents or guardians, and others working with individuals who may be at increased risk of self-harm or suicide.

This course is split into four manageable units

Unit 1: Introduction to suicide and self-harm awareness

Section 1: Understand what is meant by self-harm and suicide

Section 2: Understand the triggers which might cause someone to self-harm or attempt suicide

Section 3: Understand media and societal attitudes to self-harm and suicide

Unit 2: Recognising the signs of suicide and self-harm in individuals

Section 1: Signs, thoughts, feelings and behaviour

Section 2: Understand how to initially approach someone who may be self-harming or considering suicide

Unit 3: The principles of suicide and self-harm prevention

Section 1: Understand the role of conversation in the prevention of self-harm and suicide

Section 2: Understand the importance of family and friend support in the prevention of self-harm and suicide

Section 3: Know support and treatment options available to individuals and families in relation to self-harm and suicide

Unit 4: Support for individuals when dealing with grief after suicide

Section 1: Understand the role of suicide prevention campaigns

Section 2: Understand the importance of encouraging healthy coping strategies

Section 3: Understanding grief following suicide and the impact it can have on individuals

Section 4: Understand the reach of grief following suicide

Section 5: Understand the importance of support for those affected by grief following suicide

Benefits of completing this course. You will:

- Gain a nationally recognised qualification
- Improve your skills to help create a long-standing career pathway in your chosen industry
- Choose when and where to study, as courses are delivered as distance learning
- Have the support you need to succeed, as personal tutors are assigned to you

How will I learn?

You will study via an online platform or if preferred you can have paper booklets to research and to submit your answers.

Additional Information

With you every step of the way!

- Get more from your online courses, let us help you succeed with bespoke packages led by our dedicated online support team
- Occupational specialists and tutors just a click away to support you
- Access to a free online community for those suffering with adverse mental health, 24 hours a day
- Enjoy incredible discounts while you study with your NUS/Totum student card
- New to online learning? Require additional support? Let us help you with each step you take.

Department Contact

For more information about this course please email cpdforcare@sgscol.ac.uk.