

Part time, 21/22

L2 NCFE Cache Certificate in Mental Health First Aid and Mental

Course information (PDF generated at 29/06/2022 02:27:59 am)

www.sgscol.ac.uk/study/healthsocial/l2-ncfe-cache-certificate-in-mental-health-first-aid-and-mental-health-advocacy-in-the-workplace

Summary

Please note you may only enrol on one course at a time, however you may enrol on additional courses upon completion of your current course.

To meet the funding requirements of this course:

- You must be aged 19 years or over as of 31/08/2021
- You must have lived in the EU for the last three years
- You must currently reside in England
- If you are aged 19-23 and do not already hold a Full Level 2 Qualification we will need to discuss options with you prior to commencing your course.

Enrol online



You will need to understand that:

- This is a Level 2 qualification and a reasonable level of English is beneficial to completing the typical duration of this course is 12 weeks and self-commitment should be made to allow yourself time to provide detailed responses to the assignments.
 - We recommend spending a minimum of 2-4 hours per week on this course
- Course Information

Course Information

Around 450 million people currently experience mental health problems, with recent reports suggesting that over 12 million working days were lost due to work-related stress, depression or anxiety in just one year.

It's important that employers are transparent and open about mental health issues, and this qualification builds an understanding of mental health problems and the support available to colleagues. Increasing the understanding of mental health of staff at all levels builds a culture of care and support.

The knowledge individuals will gain is not sector-specific but can be applied to a broad range of personal and professional situations. Individuals who may find this course useful to their professional life include: teachers, mental health workers, crisis helpline volunteers, support workers, individuals in a safeguarding role, parents or guardians, and others working with individuals who may be at increased risk of mental health problems.

What you will learn

Unit 1 - Exploring mental health

Unit 2 - Understand how to support individuals with mental ill health

Unit 3 - Understand a mentally healthy environment

Benefits of completing this course. You will:

- Gain a nationally recognised qualification
- Improve your skills to help create a long-standing career pathway in your chosen industry
- Choose when and where to study, as courses are delivered as distance learning
- Have the support you need to succeed, as personal tutors are assigned to you.

How will I learn?

You will study via an online platform or if preferred you can have paper booklets to research and to submit your answers.

Additional Information

With you every step of the way!

- Get more from your online courses, let us help you succeed with bespoke packages led by our dedicated online support team
- Occupational specialists and tutors just a click away to support you
- Access to a free online community for those suffering with adverse mental health, 24 hours a day
- Enjoy incredible discounts while you study with your NUS/Totum student card
- New to online learning? Require additional support? Let us help you with each step you take.

Department Contact

For more information about this course please email cpdforcare@sgscol.ac.uk.