

Part time, 22/23

# L1 Running Fitness and Performance

**Course information** (PDF generated at 29/06/2022 01:16:24 am)  
[www.sgscol.ac.uk/study/academic-sport/l1-running-fitness-and-performance](http://www.sgscol.ac.uk/study/academic-sport/l1-running-fitness-and-performance)

## Additional Information

### DEPARTMENT CONTACT

For more information about this course please email [sport@sgscol.ac.uk](mailto:sport@sgscol.ac.uk).

### COURSE FEES

Please be aware that some courses have fees that are payable on enrolment. More information on if this course has a fee can be found in the Availability section below.

If you require financial support including payment plans, bursaries and advanced learner loans please visit the Money Management Service section of the website.

For more information on fees please view our Fees, Charges and Refunds Policy and our Applications, Admissions and Enrolment Policy and Procedures.

### ONLINE ENROLMENT

This course offers simpler and safer online enrolment requests, which means in a matter of minutes you can submit an enrolment request to us. However please be aware that upon submitting your enrolment form you are not guaranteed to be accepted. A number of our courses require assessments, qualification checks or simply a conversation with you before we can confirm your enrolment.

Within 24 hours of enrolment submission you will receive an automated email notification with information on what happens next. Please add [onlineservices@sgscol.ac.uk](mailto:onlineservices@sgscol.ac.uk) to your safe sender list. Most email providers allow you to do this withing settings/options. For full instructions simply use your chosen search engine to find instructions on how to make emails so safe

## Enrol online

