



Part time, 22/23

In2Sport

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www.sgscol.ac.uk/study/academic-sport/in2sport

Summary

The In2Sport programme is designed to provide unemployed individuals with the necessary skills, knowledge and understanding to pursue a career in sport.

The course is divided into 3 sub-qualifications and across an academic year (September 2021 - July 2022), you will complete a Level 1 Certificate in Skills for Sport and Active Leisure, a Level 2 Certificate in Skills for Sport and Active Leisure and a Level 2 Fitness Instructor qualification.

Commencing in September, the Level 1 Certificate in Skills for Sport and Active Leisure will begin to prepare you for the industry, exploring a range of modules, including:

- Practical Sport
- Planning Own Fitness Programme
- Assist a Fitness Instructor
- Employability skills for the Industry
- Anatomy and Physiology
- Fundamentals of Coaching
- Exercise as a Healthy Lifestyle

This programme will be best suited to those who have a strong interest in sport and fitness and would like to gain employment in this industry. The course will be delivered in an inclusive and supportive learning environment, which will be tailored to your individual learner needs.

How will I learn?

Enrol online



The course will be delivered by our experienced team of sport lecturers and will prioritise learning through doing. Therefore, don't expect to be sat down in a classroom for too long, but instead, be prepared to be getting involved in practical sessions, putting coaching into action and training in our high-performance gym space. Alongside this, there will be time to complete a series of workbooks, with the support and guidance of the team.

This course is based at our dynamic and exciting WISE Campus in Stoke Gifford. Located within easy reach of the city of Bristol and moments away from Bristol Parkway and Bristol Abbey Wood train stations.

Entry Requirements

To be eligible to study this course you must meet the following entry requirements. You must be aged 19 or over as of the 31/08/21. You must have lived in the EU for the last three years. You must currently reside in England. If you have any questions regarding entry requirements, please contact the department.

Additional Information

DEPARTMENT CONTACT

For more information about this course please email sport@sgscol.ac.uk.

COURSE FEES

Please be aware that some courses have fees that are payable on enrolment. More information on if this course has a fee can be found in the Availability section below.

If you require financial support including payment plans, bursaries and advanced learner loans please visit the [Money Management Service](#) section of the website.

For more information on fees please view our [Fees, Charges and Refunds Policy](#) and our [Applications, Admissions and Enrolment Policy and Procedures](#).

ONLINE ENROLMENT

This course offers simpler and safer online enrolment requests, which means in a matter of minutes you can submit an enrolment request to us. However please be aware that upon submitting your enrolment form you are not guaranteed to be accepted. A number of our courses require assessments, qualification checks or simply a conversation with you before we can confirm your enrolment.

Within 24 hours of enrolment submission you will receive an automated email notification with information on what happens next. Please add onlineservices@sgscol.ac.uk to your safe sender list. Most email providers allow you to do this withing settings/options. For full instructions simply use your chosen search engine to find instructions on how to make emails as safe.